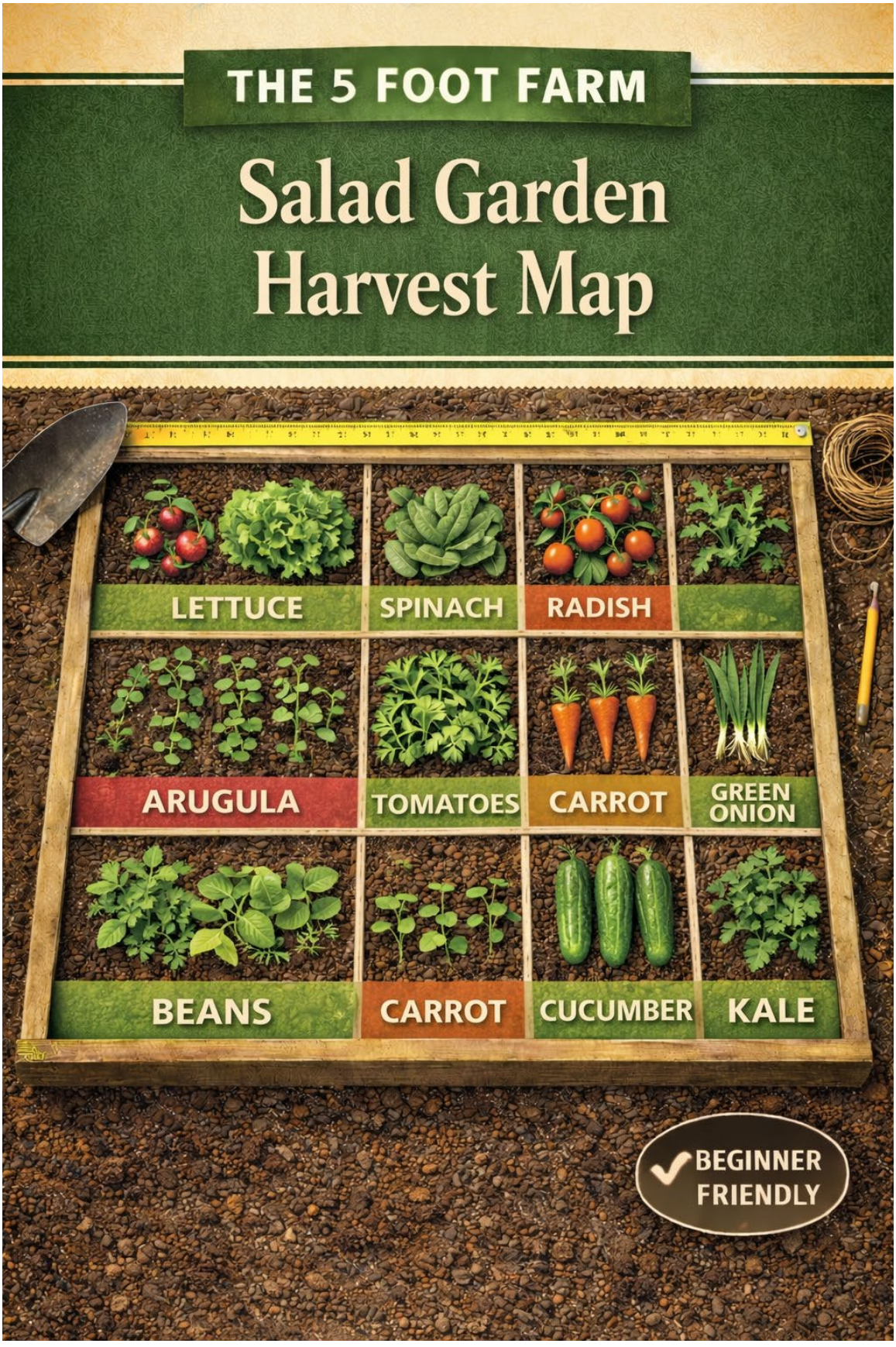
THE 5 FOOT FARM

Salad Garden Harvest Map



🥗 THE 5 FOOT FARM SALAD GARDEN SUCCESSION MAP

Grow Fresh Salad Greens All Season in One Small Garden

Design Goals

- Fast regrowth
- Cut-and-come-again harvesting
- Mostly shallow-root crops
- Minimal pests
- No staking required
- High density planting

Legend
S = Spring
U = Summer
F = Fall

Each square shows:
Spring → Summer → Fall

▨ 5×5 SALAD SUCCESSION GRID

[1] Spinach → Leaf Lettuce → Spinach | [2] Arugula → Leaf Lettuce → Arugula | [3] Mesclun → Basil → Mesclun | [4] Radish → Leaf Lettuce → Spinach | [5] Butter Lettuce → Basil → Arugula

[6] Kale → Leaf Lettuce → Kale | [7] Spinach → Basil → Spinach | [8] Arugula → Leaf Lettuce → Arugula| [9] Radish → Basil → Spinach | [10] Butter Lettuce → Leaf Lettuce → Kale

[11] Mesclun → Basil → Mesclun | [12] Spinach → Leaf Lettuce → Spinach | [13] Arugula → Basil → Arugula | [14] Radish → Leaf Lettuce → Kale | [15] Butter Lettuce → Basil → Spinach

[16] Kale → Leaf Lettuce → Kale | [17] Spinach → Basil → Spinach | [18] Mesclun → Leaf Lettuce → Mesclun| [19] Radish → Basil → Arugula | [20] Butter Lettuce → Leaf Lettuce → Kale

[21] Spinach → Leaf Lettuce → Spinach | [22] Arugula → Basil → Arugula | [23] Mesclun → Basil → Mesclun | [24] Radish → Leaf Lettuce → Spinach | [25] Butter Lettuce → Basil → Kale

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🧭 HOW TO USE THE SALAD MAP

Phase 1 — Spring (Cool Greens Explosion)
Plant:

- Spinach
- Arugula
- Mesclun
- Butter lettuce
- Radishes

Harvest starts in **21–30 days**.

Phase 2 — Summer (Heat-Tolerant Greens & Herbs)
Replace with:

- Leaf lettuce (heat-tolerant varieties)
- Basil

Why:

- Basil thrives in heat
- Lettuce can be shaded by neighbors
- Continuous leaf harvest

Phase 3 — Fall (Second Salad Season)
Finish with:

- Spinach
- Arugula
- Kale
- Mesclun

Fall salads are often **better tasting** and last longer.

🌿 WHY THIS SALAD SYSTEM WORKS

Rule 1 — Cut, Don’t Pull

All crops here are:

- Cut-and-come-again
- Regrow 3–6 times per planting

Meaning:

- One planting = multiple bowls of salad

Rule 2 — Shallow Roots = High Density

These crops:

- Grow shallow
- Don’t compete heavily
- Thrive in tight spacing

So your 5 Foot Farm produces:

- 20–40 servings per month

Rule 3 — Heat Protection Built In

Basil + kale placed among lettuces:

- Provide light shade
- Reduce bolting
- Extend lettuce season
