THE 5 FOOT FARM

Spacing Cheat Sheets



🌱 THE 5 FOOT FARM SPACING CHEAT SHEETS

Exactly How Many Plants Fit in Each Square

How to Use

1. Pick your vegetable
2. Find it in the chart
3. Plant the exact number per 1-foot square
4. Multiply across your 5×5 grid

This guarantees:

- No overcrowding
- Maximum yield
- Healthier plants
- Easier watering & harvesting

🟩 CHEAT SHEET #1 — MOST POPULAR VEGETABLES

Vegetable	Spacing	Plants per 1 sq ft	Notes
Lettuce (leaf)	6 in	4	Cut-and-come-again
Lettuce (head)	12 in	1	One full head
Spinach	4 in	9	Dense planting works well
Arugula	4 in	9	Thin early
Kale	12 in	1	Large leaves
Swiss Chard	12 in	1	Long season
Radish	3 in	16	Fast harvest
Carrots	3 in	16	Thin after sprouting

Beets	4 in	9	Greens + roots
Bush Beans	4 in	9	Heavy producer
Pole Beans	6 in	4	Needs trellis
Peas	3 in	16	Spring protein crop
Tomatoes (bush)	18 in	1 per 4 sq ft	Needs space
Tomatoes (indeterminate)	24 in	1 per 9 sq ft	Heavy feeder
Peppers	12 in	1	Compact
Cucumbers (bush)	12 in	1	Spreads fast
Zucchini	24 in	1 per 4 sq ft	Big leaves

🟩 CHEAT SHEET #2 — ROOT & STORAGE CROPS

Vegetable	Spacing	Plants per 1 sq ft	Notes
Potatoes	12 in	1	Deep soil needed
Onions (bulb)	4 in	9	Great filler
Green Onions	2 in	16	Harvest often
Garlic	4 in	9	Plant in fall
Turnips	4 in	9	Fast roots
Parsnips	4 in	9	Long season

Rutabaga	6 in	4	Large roots

🟩 CHEAT SHEET #3 — HERBS & SALAD ADD-INS

Herb / Crop	Spacing	Plants per 1 sq ft	Notes
Basil	6 in	4	Loves heat
Cilantro	4 in	9	Bolts fast
Parsley	6 in	4	Slow grower
Dill	12 in	1	Tall, airy
Chives	4 in	9	Perennial
Oregano	12 in	1	Spreads
Thyme	12 in	1	Low grower
Mint	12 in	1	Best in container

🟩 CHEAT SHEET #4 — PROTEIN CROPS (YOUR NICHE ADVANTAGE)

Crop	Spacing	Plants per 1 sq ft	Notes
Bush Beans	4 in	9	Best beginner protein
Pole Beans	6 in	4	Needs trellis
Peas	3 in	16	Early spring protein

Edamame (soybeans)	4 in	9	High protein
Chickpeas	6 in	4	Bush form works best
Fava Beans	6 in	4	Cold hardy

🧭 QUICK VISUAL GUIDE (GOLD FOR DESIGN)

PLANTS PER 1-FOOT SQUARE QUICK GUIDE

Spacing	Plants per Square
12 inches	1
8 inches	2–3
6 inches	4
4 inches	9
3 inches	16

🌿 SPECIAL 5×5 RULES (PUT AT TOP OF CHEAT SHEET)

Rule 1 — Big Plants Get Multiple Squares

These need **4+ squares each**:

- Tomatoes
- Zucchini
- Winter squash
- Broccoli
- Cauliflower

Rule 2 — Fill Gaps With Fast Crops

Use these as space fillers:

- Radishes
- Green onions
- Lettuce
- Spinach
- Arugula

Plant → harvest → replant.

Rule 3 — Crowding Kills Yield

Too close =

- Small roots
- More disease
- Lower harvest

Correct spacing =
Bigger vegetables + longer production + healthier plants
